



Slidell Junior High Cheer



Dear Parents and Guardians:

Your daughter is interested in becoming a member of the Slidell Junior High cheerleading squad. If selected, there are specific responsibilities and obligations which she must assume in order to qualify and remain part of the squad.

This information packet includes information regarding tryouts and the tryout process. Please read all information so you and your child are aware of the expectations and requirements.

On the following pages, you will find:

- Cheerleader tryout qualifications and requirements**
- Cheerleader tryout process**
- Cheerleader expectations**
- Estimated SJH Cheer Cost**
- Year at a glance calendar**
- Teacher recommendation forms (2)**
- Participant tryout application**
- SJH Athletic Participation/Parent Permission Form (Tiger Head)**
- LHSAA Medical History Evaluation (Physical)**
- Checklist of items to return for tryouts**

Please be aware of due dates and paper work that must be turned in. If the information is late or if the candidate fails to turn in any required paperwork, the candidate will be disqualified from cheerleader tryouts.

Being a cheerleader is a full year commitment and requires an extreme amount of dedication from not only the cheerleader, but the family as well. If you and your child both feel the obligations and responsibilities can be met, please allow your child to participate in tryouts.

If you have any questions, please email me at Megan.Bonck@stpsb.org.

Thank you for your assistance and cooperation,

Megan B. Walker
Slidell Junior High
Cheer Coach

Cheerleader tryout qualifications and requirements

- 1) In order to try out for cheerleading, the candidate must have earned a 1.5 grade-point average in the quarter preceding tryouts. **(copy of report card must be turned in with application)**
- 2) In order to try out for cheerleading, the candidate must have school spirit and set an example of good behavior at all times. **TWO teacher recommendation forms are needed (ELEMENTARY SCHOOL CANDIDATES – recommendation forms sealed in an envelope with teacher’s signature across seal with application as evidence – SJH CANDIDATES – teacher recommendation forms must be turned in by teacher to Mrs. Walker)**
- 3) Parent/Guardian must agree to projected financial and time obligations. **(signed application must be turned in)**
- 4) In order to try out for cheerleading, the candidate must submit a complete physical and permission form (Tiger Head) preceding tryouts. If you already have an up-to-date physical on file at SJH, please indicate on the application. **YOUR DAUGHTER WILL NOT BE ALLOWED TO TRYOUT IF THESE TWO DOCUMENTS ARE NOT PRESENTED.**

Cheerleader Tryout process

Tuesday, March 7 – 6pm

Parent/Guardian meeting in SJH Cafeteria. Packets due **THURSDAY, MARCH 16**

Tuesday – Friday, March 21-24

Mandatory cheer clinic to learn material
4:15-6:00, Slidell Junior High New Gym
Wear comfortable shorts and a t-shirt.

Saturday, March 25

Tryouts in Slidell Junior High Cafeteria
8:30 – sign-in; 9:00 – judging begins
Results will be posted Monday, March 27.

What to expect on the day of tryouts – March 25

- 1) Required uniform for tryouts- **Wear a white t-shirt – The shirt must have sleeves. No polos or button down shirts, - Plain black shorts**-These can be purchased at any athletic store - **white socks, athletic shoes (preferably white), wear hair in a pony tail (no half-up)**
- 2) Each candidate will tryout in a group of 3 or 4, in front of the judges. If the judge(s) deem necessary, any part of the tryout material may be performed twice.
- 3) Each candidate’s cheerleading ability will be judged by highly qualified judges.
- 4) Tryouts are closed to all spectators. SJH cheer sponsor and judges will be the **ONLY** people allowed in the tryout area with the candidates.
- 5) The 2017-2018 Cheerleaders list will be posted on SJH cafeteria door Monday, March 27. Parent meeting and fitting on Monday, April 10.

Slidell Junior High Cheerleading Expectations, Bylaws and Consequences 2017-2018

I. Purpose

The purpose of Slidell Jr. High Cheerleaders is to:

- 1) Promote and uphold school spirit.
- 2) Set an example of good behavior at all times-in the classroom, games, and all school events-in and out of uniform.
- 3) Promote, support, and publicize Slidell Jr. High events.
- 4) Promote friendship among other Slidell Jr. High spirit groups and among visiting spirit groups.
- 5) Promote friendship and dedication between team members.

II. Membership

The squad will be composed of the top-scoring 7th and 8th graders for the upcoming school year.

III. Tryout Qualifications

- 5) In order to try out for cheerleading, the candidate must have earned a 1.5 grade-point average in the quarter preceding tryouts. A student may not have more than two grades of F in any one nine weeks. (Any 6th grader who is promoted to the 7th grade is automatically eligible for the first 9 weeks of their 7th grade school year.)
- 6) Cheerleaders who resign during a cheering year may not be eligible to tryout the following year.

III. Academic Expectations

- 1) Cheerleaders are students first and most importantly. Strong academic performance is expected.
- 2) All cheerleaders must maintain a 1.5 GPA. Grade eligibility will follow school board policy.
- 3) Cheerleaders must show the coach their report card at the end of each grading period. Also, cheerleaders must show the coach their interims by the end of the week it is distributed.

IV. Attendance Expectations

- 1) All games and practices are mandatory, unless specified by the sponsor.
- 2) Camp is mandatory.
- 3) When returning from a missed practice or game, a note/email from a parent/guardian must be presented to the sponsor.
- 4) If a cheerleader checks out of school on the day of a practice or event, she must notify the sponsor before checking out either in person or by parent email.
- 5) Slidell Jr. High cheerleading takes priority over all other activities, including sports practices, recreational dance/cheer, and any other competitions. **Cheerleading is considered a primary sport. Participation in other sports cannot interfere with any function of being a cheerleader.**

V. Conduct Expectations

Cheerleaders understand that their actions are more prominent than other students; therefore, exemplary behavior is expected of cheerleaders at all times. A cheerleader's behavior not only reflects upon the individual, but also upon the entire squad and Slidell Jr. High. Cheerleaders are expected to behave appropriately, whether in or out of uniform.

- 1) The cheerleaders will follow all of the rules of the St. Tammany Parish School Board and Slidell Jr. High School including the discipline policy explained in the student handbook.
- 2) Cheerleaders must display proper behavior in class, including attendance and promptness, completing all assigned work, participation, and respect of teachers and classmates.
- 3) Cheerleaders should be aware that online activities are public and therefore, must display appropriate behavior.
- 4) Conduct for practices/events:
 - a) Proper attire (see uniform expectations) is required at all times, with clothing appropriate to the occasion. During practices and/or events, there should be no jewelry or painted/false fingernails.
 - b) Only water is allowed on the sidelines during games.
 - c) Cheerleaders will smile and show enthusiasm at all performances.
 - d) During games, cheerleaders will be ready to cheer at all times.
 - e) Cheerleaders are required to provide their own transportation for scheduled practices and events and must be picked up promptly following events.
 - f) At practices, cheerleaders must be dressed out in regulation practice clothes, including shoes.
 - g) Cheerleaders will be completely dressed out when arriving to games and are expected to remain that way until after departure.

VI. Uniform Expectations

- 1) Uniforms are to be kept neat and clean.
- 2) Uniforms are not to be lent to anyone for any reason. A member may not allow any part of their uniform to be worn by non-members during or after the cheerleading year.
- 3) Uniforms may not be accessorized with jewelry and/or clothing that are not officially part of the uniform.
- 4) Poms, bows, and cheer shoes should always be kept in cheer bags and bags should accompany cheerleaders to all performances.
- 5) Girls' hair must be worn in a ponytail for practices and games, unless otherwise specified by the sponsor.
- 6) Uniform may not be altered without the permission of the coach. If you alter your uniform (hem, take in, let out) without permission, you will be required to purchase a new uniform.

VII. Fundraising Expectations – It is mandatory that all cheerleaders participate in all fundraising events.

VIII. Consequences for failing to meet any of the above expectations - Consequences will be determined by the coach, including but not limited to sitting out a portion of a performance to removal from the squad.

2017-2018 ESTIMATED Slidell Jr. High Cheerleading Cost

Uniform (shell, skirt, bodyliner, briefs)	\$163.00
Practice/Camp Gear (3 outfits)	\$230.00
Jacket and pants combo	\$112.00
Cheer bag	\$57.00
Accessories (bow, shoes, socks, poms, pink bow)	\$132.00
Camp	\$335.00
TOTAL ESTIMATED COST	\$1029.00

***Total does not include shipping.**

OPTIONAL PURCHASES:

- *Yard sign \$15.00 – cost depends on demand
- * Jacket only option \$82.00

******Varsity order will not be processed until each order is paid. Please pay in full by the determined deadline, May 19, in order to have everyone's items delivered in a timely manner.**

Slidell Jr. High Cheerleading

2017-2018 Year-at-a Glance

March 21-24	Tryout Clinic 4:15pm - 6:00pm
March 25	Tryouts 8:30am (judging begins at 9am)
April 10	Parent Meeting at 4:30pm/ Uniform fitting/ First payment \$335 due (camp)
May 19	Final Payment due online
June 8	Home Stunt Clinic
July 25-28	Camp at Southeastern Louisiana University
August	Tiger Walk practice
August	Tiger Walk performance – Practice schedule will be emailed.
	School starts, after school practices start
	Football season begins
November	Basketball season begins
April	Tryouts
May	End of year party

**Slidell Junior High Cheerleading
Teacher Recommendation Form**

Student Name: _____ Grade: _____
Teacher: _____ Subject: _____

Please complete this form and return it to the **SJH school office** in a sealed envelope by **March 17**. It is very important that the form is returned. Please rate the student according to how YOU feel the student does in YOUR class or classes. These evaluations will determine if the student is eligible to tryout.

Sincerely,

Megan B. Walker
Slidell Junior High

On a scale of 1 to 10, please rate the student in each of these areas listed below:
(10 = strongly agree and 1 = strongly disagree)

Student exhibits appropriate behavior _____

Student exhibits positive attitude towards teacher _____

Student demonstrates responsibility _____

Student demonstrates leadership skills _____

Student exhibits positive attitude towards _____

other students and peers

Student demonstrates dependability _____

Student is cooperative _____

Student turns in all assignments on time _____

Student is motivated to be a hard worker _____

Student is supportive of her school _____

TOTAL

Comments _____

Teacher Signature: _____ Date: _____

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Student turns in all assignments on time _____

Student is motivated to be a hard worker _____

Student is supportive of her school _____

TOTAL

Comments _____

Teacher Signature: _____ Date: _____

Slidell Junior High Cheerleader Tryout Application

Name of Applicant _____

Current School _____

Grade for 2017-2018 _____

Name of Parent/Guardian _____

Home Address: _____

Home phone: _____

Cell phone (parent/guardian) _____

Email address (parent/guardian) _____

Current SJH physical on file at SJH? (circle) YES NO

If no, is physical attached? YES NO

PERMISSION TO TRYOUT

_____ has my permission to try out for the Slidell Junior High
(cheerleader candidate name)

School Cheerleading squad for the 2017-2018 school year. We have read the tryout information

concerning the Cheerleader organization and the tryout procedures. We also have read over and agree

to accept the projected financial and time obligations.

Cheerleader Candidate Signature Date

Parent/Guardian Signature Date

Name: _____

Grade level for 2017-2018: _____

Slidell Junior High Checklist for tryouts

_____ Completed tryout application form

_____ Completed SJH Athletic Participation/Parent Permission Form (Tiger Head)

_____ LHSAA Medical History Evaluation (Physical)

_____ 2 teacher evaluations submitted to teachers

_____ copy of latest report card